

It's already time to think about Convention 2010!

Deadlines for proposals and nominations are approaching.
Visit <http://www.lahperd.org/convention.html> for details.

2010 LAHPERD Convention
"Measure Up"
November 3-5, 2010
Crowne Plaza Hotel
Baton Rouge, Louisiana

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Louisiana Association for Health, Physical Education,
Recreation, and Dance
Box 91855 MSU
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Newsletter of the Louisiana Association for Health, Physical Education, Recreation, and Dance

2009 Convention



November 4-6, 2009 | Crowne Plaza Hotel | Baton Rouge, LA

LAHPERD



"Healthy And Active Lifestyles"
75th Anniversary
1934-2009

In this issue

- New Executive Director update
- Convention wrap-up
- Division news
- Upcoming events

...and a whole lot more!

Follow LAHPERD online:
<http://www.lahperd.org>
<http://picasaweb.google.com/lahperd.media>

Dickens Named Next Executive Director

Rachel Andrus, LAHPERD president, has announced that Bill Dickens, professor at Northwestern State University, has been named LAHPERD's next executive director. Dickens will assume this role May 31, 2010.



Dickens

Dickens is an experienced LAHPERD member, officer, and advocate. Dickens' experience led him to hold other offices including SDAHPERD president.

Earlier this year, Helene Afeman, the organization's current executive director, announced her intent to step down from the post she has held for two years. Upon that announcement, Andrus formed a search committee to find Afeman's successor.



Afeman

The search committee, including Andrus and other officers, is confident that Dickens' commitment to LAHPERD, its mission, and its members will be noticed and well-received by the organization's members and national affiliates.

Thank you, Helene!

Don't be dismayed at goodbyes. A farewell is necessary before you can meet again. And meeting again, after moments or lifetime, is certain for those who are friends.

--Richard Bach



Andrus Encourages "Going Tech"

I am very proud to serve as your president! We are the voice in Louisiana to teach our young people how to live a healthy and active lifestyles through physical activity, recreation and dance. We all have a passion...health and happiness through movement! Let's continue to find ways to spread this passion to everyone.



Andrus

One way to spread the passion is through technology. We conducted our first webinar meeting March 14. Due to time restraint and budget cuts, LAHPERD found the need to try this, and it was successful. Attendees participated from their homes and offices; one tuned in from Indianapolis! How AWESOME!

A second way to spread the passion is to reach out to the younger generation. The board felt the need to bring LAHPERD to the younger generation in ways that appeal to them. To that end, Christina Villarreal has volunteered to maintain a LAHPERD Facebook account. We hope that the older generation decides to get on board once we see how advantageous this new outreach will be.

I am very excited about the Recreational Conference May 13-15 in Baton Rouge, co-hosted by LAHPERD and Southern District. Kathy Hill, Jiji Jonas, and Cheryl Northam have worked diligently to make this conference fun, entertaining, and inexpensive to all who attend. Spread the word to your city's Recreational Director and Mayor that the Conference is open to the public. Form a team of five and plan to sign up for the Amazing Race Friday afternoon.

I am also excited about the appointment of Bill Dickens as our Executive Director. He brings a wealth of knowledge and experience. Helene will be missed, but we all understand that family is priority.

Hope to see you in Baton Rouge!

APPLICATION FOR LAHPERD MEMBERSHIP

Name _____
 Last First Middle Initial

Address _____
 Street or PO Box City State Zip

Office Phone(_____) Home Phone (_____) _____

Email: _____

A. Membership (Check One) The \$1,000,000 professional educators liability insurance program is mandatory for all teachers in elementary, secondary or college in public, private, parochial schools.

- ___ 1. \$40.00 Student (University attending _____)
- ___ 2. \$55.00 Professional (Parish/University _____)
- ___ 3. \$15.00 Student (University attending _____)
- ___ 4. \$25.00 Professional (Parish/University _____)
 (Teachers not eligible for this category)
- ___ 5. \$30.00 Associate (Agency/library _____)
- ___ 6. \$5.00 Retired
- ___ 7. \$00.00 Honorary Life
- ___ 8. \$150.00 Three year membership with insurance(Parish/University _____)

B. Membership Background (Check One) ___ 1. New ___ 2. Renewal

C. Division Interest (Check One)
 ___ 1. Health ___ 2. Physical Education ___ 3. Recreation ___ 4. Dance ___ 5. General

D. MAJOR EMPLOYMENT RESPONSIBILITY

___ 1. Athletic Director	___ 4. Department Head	___ 7. Supervisor
___ 2. Athletic Trainer	___ 5. Intramural Director	___ 8. Teacher
___ 3. Coach	___ 6. Allied Health Field	___ 9. APE

E. EMPLOYMENT LEVEL

___ 1. Elementary school	___ 4. University
___ 2. Secondary school	___ 5. State
___ 3. Middle school	___ 6. Agency(Hospital/YMCA)

F. RESOURCES (Check areas where you desire involvement)

___ 1. Membership	___ 3. Jump Rope for Heart	___ 5. Hoops for Heart
___ 2. Convention	___ 4. Advocacy/Leg. Fit. Day	___ 6. Other

I was recruited by: _____

MAKE CHECK PAYABLE TO LAHPERD

Send to:
Dr. Bill Dickens
 LAHPERD Executive Director
 c/o Health & Human Performance
 Northwestern State University
 Natchitoches, LA 71497

**GULF SOUTH OUTDOOR EDUCATION AND RECREATION
CONFERENCE**

MAY 13-15, 2010

BATON ROUGE, LA

LOD COOK HOTEL & CENTER – LSU CAMPUS

Reservations: 225-383-2665

(Room cost at Lod Cook includes a full breakfast each day)

“ADVENTURES ON THE BAYOU”

NAME: _____

ADDRESS: _____

City State Zip

EMAIL: _____

Room rates: Standard King and Double (\$100); King & Double Suite (\$130); Triple (\$110/\$140); Quad (\$120/\$150)

T-shirt size: (circle) S M L

REGISTRATION FEE: \$75.00

Make Checks Payable to “Gulf South Outdoor Education Conference”

Registration fee includes: Welcome reception, two box lunches & one dinner.

Mail registration to: Kathy Hill, 112 Long Fieldhouse, LSU-Kinesiology, Baton Rouge, LA 70803. Questions: Contact khill@lsu.edu

***New V.P.s Excited to
Serve***

Vice President for Physical Education

I hope everyone is well and enjoying nice weather for outdoor activities!



Gremillion

The opportunity to serve as your new vice president for physical education is exciting. I have taught for 14 years with the majority of my experience in physical education in the Baton Rouge area, but the last four years have been in adapted physical education in East Baton Rouge parish while coaching at University Lab School.

I am excited about our convention that will start with a pre-convention day at Episcopal High School in Baton Rouge on Wednesday, November 3, with Bonnie Hopper as our presenter. If you were able to catch her short presentation at the general session last November, then imagine the excellent “stuff” that we will come away with after a full day plus sessions during convention. Make your plans now to attend the 2010 convention!

Finally, if someone you know is worthy of an award or would be an excellent presenter, or if you have convention session topic ideas, please contact me at sgremillion@ebrschools.org.

Thank you for your time!
Susan Gremillion, Vice President for Physical Education

Vice President for Sport and Leisure

I look forward to serving as your sport and leisure vice president. I have taught for 19 years, and, currently, I teach health and P.E. and coach softball at Airline High School. Our division is looking for a vice president-elect and award nominees in all areas. Please contact me at tracey.rambin@bossierschools.org if you are interested in serving or nominating someone.



Rambin

Tracey Rambin, Vice President for Sport and Leisure

***Motivated Members
Needed to Step Up***

LAHPERD needs dedicated members to fill “elect” leadership positions within the organization. If you have considered becoming more involved, here is your opportunity to step up to the plate. “Elect” officers work together within and across divisions with current V.P.s and chairs. Collaboration is key to success, and no one works alone! If you are interested in joining us as an officer, please notify your division V.P. and JiJi Jonas at jonas1134@cox.net.

We are seeking nominations for the following:

- V.P.-Elect for Sport and Leisure
- Chair-Elect for Athletic Training
- Chair-Elect for Coaching Education
- Chair-Elect for Community Outdoor Recreation
- Chair-Elect for Fitness Leisure/Aquatics
- Chair-Elect for Sport Management

- V.P.-Elect for Health
- Chair-Elect for School Health
- Chair-Elect for Health Promotion and Wellness

- V.P.-Elect for Dance
- Chair-Elect for Dance Education
- Chair-Elect for Performance Dance

- V.P.-Elect for General
- Chair-Elect for Ethnic Minority
- Chair-Elect for Exercise Science
- Chair-Elect for Future Professionals
- Chair-Elect for Higher Education
- Chair-Elect for Research

- V.P.-Elect for Physical Education
- Chair-Elect for Adapted P.E.
- Chair-Elect for Elementary P.E.
- Chair-Elect for Middle/Secondary P.E.

***This is your chance to make a difference!
Are you ready?***

"Adventures on the Bayou"

Make plans to attend the Gulf South Outdoor Education and Recreation Conference in Baton Rouge.

"Adventures on the Bayou"
May 13-15, 2010
Lod Cook Hotel-LSU Campus

Featured speaker:
Mark Fenton
Author, race walker, environmental activist

From the PBS Web site <http://www.pbs.org/americaswalking/>

Mark Fenton is an entertaining, persuasive, and knowledgeable walking advocate; one of the nation's foremost experts on the activity; the former editor-at-large of WALKING Magazine; host of the March 2000 PBS pledge special, Walk to a Better Life; and now host of the new PBS series, America's Walking.



Fenton

Mark is also a champion walker. From 1986 to 1990, Mark was a member of the United States national racewalking team five times, and represented the U.S. in numerous international competitions. In addition, while training for the 1984 and 1988 Olympic Trials in the 50-kilometer (31-mile) racewalk, he studied biomechanics and exercise physiology at the Olympic Training Center's Sports Science Laboratory in Colorado Springs, Colorado.

Learn more about Mark Fenton online at <http://www.pbs.org/americaswalking/>.

Interested in attending?
Just copy, complete, and mail-in p. 6 of this
Au Courant!

CONFERENCE AGENDA

Thursday, May 13, 2010

12:00-2:00
Check-in and registration

2:00-3:00
Shoe and Clothing Selection-Jenni Peters
The Edible Garden-Dr. Birgitta Baker and Jr. Master Gardner Program-LSU Agriculture Center
Birding

3:15-4:15
Smart City Initiatives
The Latest in Outdoor Cooking Ware-Backpacker of Baton Rouge
Trail guides/Orienteering

4:30-5:30
Exergaming-BREC
Louisiana Outdoor Outreach Program-LOOP
The Latest and Greatest in Camping Equipment-The Backpacker of Baton Rouge

5:45-7:00
Opening General Session
Introduction of Corporate Sponsors
Welcome: Mayor Kip Holden
Keynote Address: Mark Fenton

7:00-8:00
Welcome Reception

Friday, May 14, 2010
7:30-8:30
Nordic Walking with Mark-Nordic Walking Master Coach

9:00-11:00
Canoeing-Byron Almquest
Fishing-Louisiana Wildlife and Fisheries
Ropes Course

11:15-12:15
Yolo Boarding-Troy Archer
Lunch on the beach

12:30-2:30
Canoeing-Byron Almquest
Fishing-Louisiana Wildlife and Fisheries
Ropes Course

3:00-5:00
Canoeing-Byron Almquest
Fishing-Louisiana Wildlife and Fisheries
Ropes Course

5:30-6:30
"The Amazing Race" Louisiana style
"Live at Five" Downtown

On your own:
Golf (LSU Golf Course)
Run/Jog/Walk the Lakes
Workout (LSU Recreational Center)
Dinner

Saturday, May 15, 2010

7:30-8:30
Joggin'/Walkin' with Jenni-Jenni Peters

9:00-11:00
Geocaching/Walking/Cycling
Archery
Kayaking

11:00-11:30
Check-out

11:30-12:15
Lunch (Boxed lunches served)

12:30-2:30
Geocaching/Walking/Cycling
Archery
Kayaking

2:45-4:45
Geocaching/Walking/Cycling
Archery
Kayaking

5:00
Dinner (Dinner served on-site or "to go")

"Adventures on the Bayou" wishes to thank these sponsors:

SDAHPERD
Governor's Council for Physical Fitness and Sports
Baton Rouge Center for Planning and Excellence
YouWho, Inc.
LSU College of Education
LSU Department of Kinesiology
Dr. Stewart Gordon
Varsity Sports

"Indianapolis 26"?

Special THANKS to the following people who represented Louisiana in presentations, committee assignments and research at the recent AAHPERD annual exposition in Indianapolis. If we have missed someone, we apologize for the oversight.

Helene Afeman
Rachel Andrus
Birgitta Baker
David M. Bellar
Charity Bryan
Russ Carson
Aaron Clopton
Bill Dickens
Elizabeth Domangue
Lanie Dornier
Charles "Chuck" Duncan
Joanna Faerber
Jeanette Foster
Xiangli Gu
Jasmine Hamilton
Kathy Hill
Jiji Jonas
Praphul Joshi
Maria Kosma
Li Li
Aaron Livingston
Phyllis Love
Emily Phillips
T. Gilmour Reeve
Ashley Sampson-Givens
Melinda Solmon