



Newsletter of the Louisiana Association for Health, Physical Education, Recreation, and Dance

### SPECIAL PRE-CONVENTION ISSUE!



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For 2012 Convention  
Information

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2012 Pre-convention Workshop



### President's Message

Charity Bryan, University of Louisiana at Lafayette



Greetings LAHPERD members! It is that time of year again—back to school and back in the swing of things. As we kick off the fall season, I hope we are all looking forward to football season, cooler weather, and, of course, the LAHPERD Convention!

Your LAHPERD Board of Directors has prepared a phenomenal Convention program for 2012. Our pre-Convention workshop will take place on Wednesday, October 31, at Episcopal High School in Baton Rouge. Artie Kamiya is our workshop leader, and the theme is "K-12 High Yield Physical Education (HYPE) Workshop." This all-day workshop (9 a.m. - 3 p.m.) will provide participants with games, activities, and teaching strategies aligned to the Louisiana Physical Education Content Standards. Participants will see, learn, and experience who to implement a standards-based K-12 curriculum along with practical methods for student assessment and grading. This motivational and action-packed workshop is guaranteed to get you moving and bring a smile to your face! Artie is an outstanding health and physical education professional. He is the president and founder of Great Activities Publishing Company and has served as the senior administrator for health and physical education for Wake County Public Schools in Raleigh, North Carolina.

We will hold the Convention Thursday, November 1, and Friday, November 2, at Crowne Plaza in Baton Rouge. The program is packed with activity sessions and many guest speakers from around the Southern District AAHPERD. The convention will feature Dr. Irene Cucina, AAHPERD president, who will deliver our general session keynote address as well as two other sessions throughout the Convention. The general session keynote is entitled, "Create New Habits to Geaux the Extra Mile."

Dr. Donna Dunaway, Southern District AAHPERD executive director, and Dr. Donna Hester, Southern District AAHPERD past-president, are presenting a session for our future professionals entitled, "Future Professional . . . Future Leader,"

where our future professionals can learn about their leadership styles and potential. The second, "Childhood Disease Prevention through Physical Education and Nutrition Education," addresses Healthy Eating Active Living (HEAL), an innovative elementary physical education curriculum that improves fitness levels and nutrition knowledge.

Dr. Sandra Sims, Southern District AAHPERD president-elect, will present, "Choosing Appropriate Practices for Middle School Physical Education Classes," where participants will have the opportunity to view and discuss inappropriate practices that occur in physical education classes and a demonstration of more appropriate practices that address skill and fitness development of middle school students. This session is based on NASPE's Appropriate Instructional Practice Guidelines for Middle School Physical Education. Dr. Sims will also present, "Advocacy and The Future Professional: A Great Combination!" From this session, participants will understand the important role the future professional has as an advocate, and each participant will leave the session with a personal advocacy plan of action.

Dr. Pat Cooper, Lafayette Parish school superintendent, will present, "Coordinated School Health: The Real Education Reform." In addition, Michael Comeaux from the Louisiana Department of Education will present, "Act 54 - Measuring Student Growth for Non-Tested Grades and Subjects." Act 54 calls for measures of student growth to comprise at least 50 percent of all educator evaluations. Participants will be able to identify student learning target areas for health and physical education and learn how to establish growth measures for health, physical fitness, and lifetime motor skills.

As you can see, your LAHPERD Board of Directors has fully implemented the 2012 theme of "Geaux the Extra Mile." The 2012 Convention will have over 95 sessions, the Awards Luncheon, Thursday Night Geaux Party, awesome exhibitors, and many other events you will NOT want to miss! Join us for the 2012 Convention, and take your professional development to the next level as we "Geaux the Extra Mile."

## CPR/First Aid/AED

### Recertification for \$18

\*checks payable to American Red Cross

## Thursday,



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2012 Convention Geaux Party



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LAHPERD Health Fair



# November 1st

## 12:00-2:30

### Mississippi/Delta Queen



## 2012 CONVENTION SESSION TOPICS/TITLES

### Health

- Let Your Fingers Do the Counting: Food Labels Made Easy
- Wellness Policy Strategies
- Teaching the Facts Of Life: The Adoption Option
- Facilitating Partnerships and Identifying Stakeholders in Health Education
- Contraceptives: Categories and Controversies
- Certification in American Red Cross First Aid/CPR/AED
- Utilizing Service Learning To Teach Sport Event Admin: The Chase Charlie Races
- Sensitivity Training: Helping Children Understand Conditions Associated With Aging
- Into The Swamp: Healthy Choices Win
- Lifesavers: Implementation of AED Programs In School Settings
- Health Fair
- Coordinated School Health: The Real Education Reform
- Does A School-Based Tasting Program Improve Children's Preference for Fruits and Vegetables?
- Preparing Kinesiology Faculty to Teach Hybrid and Online
- Effective Health Education Strategies
- The Great Body Shop - What You Need for Health and P.E.!
- Fundamental Ethical Principles for the Health Promotion Professionals
- The Importance of Health Education in The School Curriculum: A Look at Current Risk Factors Affecting School-Aged Children

### Physical Education

- Circuit Training: Running Across the Curriculum to Healthy Lifestyles
- Data Rocks - Your Leverage - Your Power!
- APE Roundtable
- Fire Up...Push Up...Stack Up! Fitness Stacking With Speed Stacks!
- Choosing Appropriate Practices for Middle School P.E. Classes
- How We Used Our LAHPERD Grant
- Spring into Sport Stacking with Speed Stacks!
- Scarf It Up!
- Hant's - "The Best Game Ever"
- Managing Data for the A.P.E. or P.E. Teacher
- Integrated Music and P.E.

- Crossfit Kids: Forging the Future of Fitness
- University Service - Learning and APE: How and Why It Works
- Martial Arts - An Alternative Approach to PE
- It's Elementary - Fitness and Fun for Everyone!
- Best Buddies
- Technology in The PE Classroom
- Tips and Tricks That MOTIVATE! Skills and Drills That THRILL!
- Measuring Your "Value-Added" - Assessing Student Progress in P.E.
- Sport Inclusion for Students with Disabilities
- Thinking Outside The Box
- Student Teaching: What You Need To Know Before, During, and After Your Internship
- Special Olympics - Project UNIFY
- Let's Get Physical with Duck, Duck, Goose Team
- Come and Learn the How To's Of Jumping and Dribbling - 20 Single Jump Rope Skills, 20 Dribbling Skills and Performance Routines
- Soar Into Fitness: Sport Stacking With Speed Stacks!
- Childhood Disease Prevention through P.E. and Nutrition Education
- The Importance of Health Education in the School Curriculum: A Look at Current Risk Factors Affecting School-Aged Children
- Assisted Technology
- First Tee and SNAG Golf
- Cardio-Active P.E. for Grades 6-12
- Assessment: Been There, Done That, Got the T-Shirt!
- SLAM Fitness
- Equine Assisted Activities and Therapies for All Ages
- Hooping Dancing Fitness...Fun and Fitness For All Ages, Genders, Levels, and Sizes!
- Physical Best Success Stories
- Director of Physical Activity: The Newest Certification Program for P.E. Teachers and New Ideas for "Moving In School"
- Act 54 - Measuring Student Growth for Non-Tested Grades and Subjects
- Ideas to JUMP Start Your Hoops/Jump Rope For Heart Event

### Sport and Leisure

- Yoga: Just What The Doctor Ordered!
- Don't Forget About Me
- University-Agency Partnership: Using

- Service-Learning to Leverage Resources
- ACL Injuries in Female Athletes
- New Innovations for P.E.
- Recreational Activities and Programs for NATO Forces In Southwest Asia
- A Comparison of Doctoral Programs Focusing on Sport between the USA and the United Kingdom
- Organizing Strength Training For All Levels of Athletes
- 10 Things You Can Do To Turn Your Internship Into A Job!
- Wheelchair Tennis
- Sports Related Negligence Litigation
- The Impact of Engaging In Classroom Debates On Student Learning In Sport Management Programs

### Dance

- Dances My Students Love
- 2 Hip 2 Be Square
- Dancing Your Way to Wellness
- Educational Dance
- Zumbatomic - What Is It, and Do I Get It In My School?
- Smooth Ballroom Dancing
- Kaleidoscope
- Native American Dance
- Prop It Like It's Hot!
- Step It Up To Wellness
- Dances for the THREE Of YOU... YOU and Your 2 Left Feet!
- Barre Fitness

### General

- Navigating Your Next Adventure - Smart Choices In Retirement
- Kinesiology in China
- Advocacy and the Future Professional: A Great Combination!
- Future Professionals...Future Leaders
- Preventive Medicine Research: Is Exercise What The Doctor Ordered?
- Submitting Articles for Publications in the LAHPERD e-Journal and Au Courant Newsletter
- Corrective Exercise
- Yogalates for Everyone
- Future Professionals Super Stars
- Achieving Work/Life Balance for More Personal Fulfillment

# LAHPERD

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