

WEDNESDAY WORKSHOPS ~ February 19, 2014

8:00 AM – 12:00 PM

Any Body Can - Health and Wellness for unique learners
Taking Dance to the Next Level- Incorporating Assessment and Choreography
The National Fishing in Schools Program - "Learning Indoors, Leads To Outdoors"
Creating a Culture of Health & Joy in the Academic Classroom: Innovative and Creative

1 :00 PM – 5:00 PM

Fit2Bsmart: Fun Movement Activities to Enhance Sensory, Perceptual & Gross Motor Skills in Pre-school and Elementary Children
Social Media: What's the Newest and Latest?
Activities from under the bus: Adventure based activities for all

8:00 PM – 11:00 PM SOCIAL

WD 40 Dance lessons followed by Dancing

THURSDAY, February 20, 2014

7:45 AM -8:25 AM

Southern District Representative Assembly Check in

8:15 AM- 9:15 AM

Boosting Physical Activity during Physical Education Time
Elementary Health Education- Building Partnerships for Effective Teaching
GNIP-GNOP: A fun game for P.E.
Honoring Our Local Heritage in Contemporary Choreography
Legal Considerations: Health, Wellness and Fitness Programs
Perceptual Motor Development Laboratory
Positive Fitness Activities
Skill Sets needed for the Sport Management and Leisure Industry
STERIODS: Athletes Literally Dying To Win
The (Lost) Art of Officiating Sports
The Reading Connection; Joining PE & Literacy
Using Technology to in Physical Education & Athletics

8:30 AM -11:45 AM

Southern District Representative Assembly

9:30 AM – 10:30 AM

"Aqua Aerobics: One of the Best Kept Secrets for Aging Gracefully"
"The Role of the Faculty Athletics Representative in Monitoring Academic Integrity in Athletic 2013 Programs in Higher Education Institutions"
Experiential Learning: Engaging students in research-- coordinating, implementing and assessing faculty and staff in a department of health, physical education and recreation—
The JSU HPERACTIVITY Project
Floor Barre for the Ballet and Jazz Dancer
Igniting A Positive, Respectful and Inspirational Health Classroom
International NGO + International Corporation + National NGO = Designed to Move
Measuring Up: Assessing Health-Related Fitness of program faculty and staff in a department of health, physical education and recreation--The HPERACTIVITY Project.
Mix Master MADNESS: Using Music Mixes to Enhance the PE Experience

Moving and Connecting: PETE Candidates Mentor "Youth at Risk in Community Schools
Omnikin: Have a Ball! Small, Medium, and Large Quick Games for Fun & Fitness
Recent Research in Health Promotion
Quick Games for Fun and Fitness
2013 ADA Compliance Guidelines for Students with Disabilities; What Every School District and Coach
needs to Know to Avoid Discrimination

10:45 AM – 11:45 AM

30 Minutes: Is that too much to ask?
An Apple for the Teacher in 2013
Brain-Based Movers: Having a BLAST While Moving in Class!
Choreography-Ideas to Action
Community Health Promotion Advocacy: An Interactive How To Session
Connecting learning content and practicing skills and competencies for the entry-level health educator
Dance as Fitness
How to Have a Successful "themed" Field Day!
Let's Move in Schools Let's Move Active Schools Then and Now.
Track, Field Events & Speed Development for Females
What Comes First the Student or the Athlete?
Wii Wii? Using Wii to Teach Bowling Skills

12:00 PM – 1:00 PM

"Being the School Champ or the Chump?"
"Hatching the Golden Egg" - Preparing for an Internship
"To Be Or Not To Be (Autonomous)": Rethinking Accountability In Intercollegiate Athletic Administration
Action Based Learning and Students with Disabilities in PE
Considering Cheerleading and Stunt to Be a Competitive NCAA Sport
How to improve your golf game on the range.
Latest Line Dance Craze
Struggling with your PE Apps? What are the best free Apps? Which are worth the money? Which
should you ditch? WKU students give the inside scoop.
Survive and Thrive: a Community-based Cancer Wellness Program
The College Transition: Physical Activity and Sedentary Patterns of University Students
The Never Ending Circle
Ways to prove your "teacher effectiveness"! Best Practices for PE (Using data and technology to drive
instruction, differentiation, and gain support from the community)
Implementing Formative Assessments in Your Daily Physical Education Program

1:15 PM – 2:15 PM

Alliance Delegate Meeting
Are you ready for some football?
Belly Dance, the ancient conditioning for fitness
Combining Two Instructional Models, Game Sense & TGFU, For Increased Student Participation &
Enjoyment in Playing The International Net Game of Short Tennis
Evaluating Psychological Factors Related to Food and Weight Concerns
Living, Loving and Lasting as a Coach's Wife
Orienteering...It's Not Just For "Gym" Anymore!
P.R.A.I.S.E. -- Strategies to Promote Motivation in Youth Sports
Physical Activity Event Planning: The good, the bad, and the dirty

Physical education teachers CAN teach dance!

Reaching Internationally

State Policy Trend: Teachers Held Accountable for Student Learning in Physical Education

Sun is Up, Move Your Body Rock This Party

The Effects Of Adapted Aquatics On Aquatics Skills In Children With Disabilities

2:30 PM – 3:30 PM

General Session – speaker

2:30 PM – 4:45 PM

Kaleidoscope Dance Rehearsal

3:45 PM -4:45 PM

2014 Southern District AAHPERD Scholar Lecture

Developing a Professional Perspective: Resume Writing, Interview Techniques and Professional Dress.

Do Sports Build Character or Characters?

Getting a Job: Perspectives of Female NCAA Women's Basketball Coaches

Impact of Involvement in the Preconception Peer Education Program

Lumbopelvic-hip Complex [LPHC] Focus for Efficient Movement in Youth

Motivating Factors of Middle School Students

Pilates and Fitness Yoga for Everyone.

Rookie Rugby: Non-contact Games to Get Everyone Moving!

Using Cricket to Develop Skills and Tactics for Striking and Fielding Games.

6:00 PM – 7:30 PM

Exhibit Extravaganza and Taste of the States

7:00 PM – 8:30 PM

Kaleidoscope Dance Gala

FRIDAY, FEBRUARY 21, 2014

7:30 AM – 9:30 AM

Health Linkage Breakfast

8:15 AM – 9:15 AM

"Using Your Noodle: Simple Ways to Integrate Fun, Physical Activity Breaks into Any Classroom"

Advocating for Dance in the Fine Arts AND Physical Education

Sport and Leisure Assembly of Members

Bike Riding: Methods to Teaching Bike Riding

Common Core and YOU: Making Connections

Creating an online Professional Development (PD) course for JUMP and HOOPS coordinators.

Developing 21st Century Thinkers in Physical Education

Healthy Fundraisers and Changing School Environments

Math & Movement: Enhancing Math Ability Through Movement and Meet the CCSS.

Mighty Milers: How to make running a part of your school culture.

No Quacks about It: You Can Assess!

Putting your Best Foot forward and S.O.A.R as a Future Professional

Southern District New Board Orientation

The Efficacy of service-learning in health education to increase pre-service teachers openness to diversity

9:30 AM – 10:30 AM

"Collaboration and Communication in Online Health Classes"

"What Do We Save For The Archives?"

Advocacy - When I Get Around to it!
Physical Education Assembly of Members
Health Assembly of Members
Get your FACTS (Fitness, Assessments, Creative, Technology, Social)
Heart of a Leader
Let's Move & Groove in Active Schools: Take 3 Movin' and Groovin' in the Movies
Let's Play Tennis After School!
Racing to the Fitness Lane..Kentucky Derby Meets FitnessGram
Southern District Committee Chairs
Sport Communication: Strategies for Crisis Management
Teaching Basketball Fundamentals Begins with "Fun": Basketball Olympics for Physical Education Classes
Teaching Fitness Activities K-12
The Positive Impact of Special Olympics in the Lives of Special Needs Individuals

10:00 AM -12:00 PM

DOTS (Dance On The Spot)

10:45 AM – 11:45 AM

2015 Program Planning Meeting
Active Schools= Healthy Schools
Comprehensive Physical Education and Nutrition Education: A Statewide Initiative
Concussion Legislation what does it mean for Me Coach, Physical Educator and How to implement
Concussion Management Program from Education to Emergency Action Plan Requirements
Creating Elementary HPE Curriculum for Large, Urban Districts
Current Dance Trends & Appropriate Music for School Dances, Family Fun Nites, Field Days & Circuit
Training
Fast and Furious in the First 5!
Four Great Games for large groups!
Grand Slam: Designing Effective Physical Education Service and Experiential Learning Projects
Improving Health on a College Campus: Implementing Smoke- and Tobacco-Free Policies
M-learning and Millennial in the College Setting- Teaching Wellness through Mobile Devices
National Standards 5 & 6 Aligned with Adventure Based Learning
The Science Behind Core Training
Volunteer Experiences: Do they Matter?
General Division Assembly of Members
Common Core and Physical Education: Physical Education's Role in the Common Core

12:00 PM – 1:00 PM

A Peer-to-Peer Teaching Project: From planning to evaluation
Deviate, Innovate, and Motivate for the Ultimate Fitness Activities!
Healthy Eating, Active Living: Incorporating Nutrition Education within Physical Education
How TO GET INTO TROUBLE TEACHING FAMILY LIFE EDUCATION (SEX EDUCATION)
Practical application of classroom theory: Inclusion of athletic departments in sport management classes
Scenario-based small-sided games to improve possession in soccer
Teaching Personal and Social Responsibility (TPSR) for Elementary Students
Ultimate Hockey: An active brain Game
What in the world is Goalball?
Why Didn't I Know This 25 Years Ago?

12:00 PM – 2:00 PM

Southern District and Kentucky Past President's Luncheon

1:15 PM – 2:15 PM

A Successful Distance Learning Model in Kinesiology Programs

Dance Assembly of Members

Dance Fever: Exploring Cultural Diversity through Folk Dance

Developing Fitness from Exercise Science: What Every Coach Needs to Know

Finding Funds for Student Professional Travel

General Division Research Poster Presentations#1

Get on the Bus with Tennis in School!

KAHPERD General Assembly

Mental Health Lessons that Capture Your Students Attention and Enthusiasm

Reading + Writing = Health Class?

Sport Stacking with Speed Stacks: Teaching Techniques for the 3-3-3, 3-6-3 and Cycle Stacks

Tchoukball: How to play the game of Tchoukball and how to make it fun!

Teaching the Factors Affecting Muscle Force Production

Unlocking the Mysteries of edTPA

Using Formative Assessment to Improve Student Performance

2:30 PM – 3:30 PM

A Dance for Every Month...Again!

Adapted Physical Education Standards

Best Practices for Creating Interdisciplinary Online Cohort Graduate Programs

Collaboration: The Key to Increasing Physical Activity and Healthy Nutrition

Coordinating Field Experiences for PETE Students: Survival Tips for the University Supervisor

Falls Risk Reduction Among Older Adults

General Division Research Poster Presentations #2

Line dancing to ANY beat.

Martial Arts: An Alternative Activity in Physical Education

Outdoor activity curricula: What options are available

Stacking and Beyond.... Adding fitness components

Stretching and Core Exercises for Seniors

3:00 PM -5:00 PM

Sing-A-Long and Retiree Social

3:45 PM – 4:45 PM

Achieving Relevance in Physical Education: Looking for a Brand

Activating Brain Power by Teaching Literacy and Math Competencies Through Physical Activity

Cap N' Dance

Connecting Kids to Movement: Sport Stacking and Fitness Fun

How to Incorporate Self Defense Instruction into Physical Activity Programs

Let's Move In Middle School Health Class

Mind Blowing Middle and High School Games: From Penny Pinching to a Bill Gates Budget

MINEPS V: Can we play too?

Physical Education Field Experiences within After School Programs

Southern District AAHPERD Town Hall Forum

The "Real World" of Teaching After Graduation

The Relationship Among Meeting Physical Activity Guidelines and Binge Drinking in College Students
Using mobile devices for teaching motor learning concepts
Using Yoga and Pilates with Athletes for Balanced Fitness

5:30 PM- 6:30 PM

Future Professional Social

7:30 PM-10:30 PM

Casino Night

SATURDAY, February 22, 2014

7:30 AM -8:30 AM

Southern District States' Society for Association Management - SAM Breakfast

8:15 AM -9:15 AM

Developing Sex Abuse Policy in Youth Sport Day Camps
A Demographic Study of Doctoral Prepared Certified Athletic Trainers
Can Undergraduate Teacher Candidates Do Research?
Developmentally Appropriate Fitness Activities for Elementary Children
Focusing on School Wellness Policies to Positively Shift School Environments
PEGEEKS - Unlocking the world of #physed
Southern District Committee Meeting #1
Use Folk Dance to Reinforce the Elements of Dance
Using a four-part lesson in physical education

9:30 AM-10:30 AM

Co-op Games and Team Building Activities
Creative Collaboration: Children's Literature and Creative Dance
Discipline Strategies of Today's Top Physical Educators
Female college athletes perceptions on gender stereotypes and discrimination in collegiate athletics
Outdoor Education in Puerto Rico
Playing Musical Rhythms: A Creative Teambuilding Activity
Risky Sexual Behaviors and Contraceptive Use in Kentucky Adolescent Females: The Need for Sexual Education Programs
Southern District Committee Meeting #2
Strength Training for Adolescents
The Art of Communicating Your Value

10:45 AM-11:45 AM

Concussion policies and legislation, What you need to know.
Cooperative Hula Hoop Activities (K-12)
Geocaching with 5 million of your best friends.
iTeach With An iPad
KIN-Ball: A Non-Traditional Action-Packed Game
Online Dance Education: Engaging the Millennial Learner
Rhythms for a Lifetime
Southern District Committee Meeting #3
The Economic Impact of Recreational Sporting Events on a Rural Community
The Importance of Strategic Communication in Marketing Sport Brands

12:00 PM -1:00 PM

A Middle School PE Magnet Program

Everlasting Gobstopper Activities

Global Careers in Sport Science

PE Across the Curriculum - Spanish

Sex, Booze and Baby: Preventing Fetal Alcohol Spectrum Disorders on the College Campus

Team Development Focused Teaching for the Collegiate Classroom (Challenging students with experiential learning activities to make the History of Sport and Physical Education engaging and Using relevant).

Dartfish To Improve Skill Performance in Athletes

Zumba for Everyone! Strategies and easy-to-follow steps to implement a Zumba fitness program at your school. DANCE with me, learn, and HAVE FUN!!!

12:00 PM – 2:00 PM

Southern District/KAHPERD 2014 Award Luncheon

1:15 PM – 2:15 PM

A Demographic Study of Kinesiology Graduates

Effects of Sleep Quality, Obesity, and Other Health Behaviors Among College Students

Evaluating the Relationship between Mass Specific Force Strength Training and Improvements in Acceleration and Speed of Collegiate Athletes

Facilitating Healthy Lifestyles Through Education & Example

Fitness Fun for Large Groups

Physical Education Activity and Assessment

The Effects of an Eight Month Adapted Physical Activity Program On Gross Motor Skills of Children With Disabilities

When in Doubt, Tell the Truth

1:15 PM – 4:45 PM

Dare to Dance Workshop

2:30 PM – 3:30 PM

Adaptive Physical Education and Special Olympics: A winning combination

Building Professional Learning Communities for Health and Physical Education Teacher

Dance Officers Meeting

Experiences and Guidelines Gleaned While Pursuing and Securing a HPERD Faculty Position in Higher Education

Moving To Success: Integrating Tactical Actions with Skill Progression

Taking the PLT? What to Expect

5:30 PM – 8:30 PM

Post Southern District Board Meeting