Our favorite resources, CD's and websites:

Websites

Aces Day (All Children Exercise Simultaneously) - www.projectaces.com

Action for Health Kids- Health-promoting schools that support sound nutrition and physical activity as part of a total learning environment. www.actionforhealthykids.org

American Fitness Alliance - http://www.americanfitness.net/

American Alliance of Health, Physical Education, Recreation and Dance - www.aahperd.org

American Association for Administrators - www.aasa.org

America on the Move a premier national program for encouraging Americans to move more and eat more healthfully. - www.americaonthemove.org

Brain Research and the Importance of Movement - www.brainresearch.com

California Physical Education Resources - www.stan-co.k12.ca.us/calpe/

Calcium Challenge by Cabot Cheese - www.calciumchallenge.com

Center for Disease Control and Prevention - Surgeon General's Report - www.cdc.gov/default.htm

www.cdc.gov/youthcampaign/

Dole 5 a Day A leader in children’s nutrition education and the 5 A Day for Better Health Program. www.dole5aday.org

Education World - http://www.education-world.com

Fitness Jumpsite! Calorie Counter Calculator, Fitness Equipment and a Fitness Library http://primusweb.com/fitnesspartner

Healthy People 2010 - www.healthypeople.gov

HealthySchools.net is a site that offers physical education and health teachers information, instruction and activities to improve health and wellness. - www.healthyschools.net
Human kinetics – books related to physical education, recreation, dance, APE, and more – www.humankinetics.com

Kids’ health - www.kidshealth.com


Louisiana Department of Education - www.doe.state.la.us/lde/index.html

Moving Into the Future, National Standards for Physical Education National Association for Sport and Physical Education, (NAPSE). 1900 Association Drive Reston, VA 20191 naspe@ahperd.org

National Association for Sport and Physical Education. - www.naspe.org.


Nutrition Exploration Fun and easy ways to teach nutrition. - www.nutritionexplorations.org/

P.E. 4 Life inspires healthy living by advancing the development of quality, daily physical education for all children. - www.pe4life.org

P. E. Central - http://www.pe.central.org/

Physical Education Links - www.pelinks4u.org


Rubrics Generator - www.teach-nology.com

Sports Media - www.sports-media.org

United States Association of Blind Athletes - www.usaba.org

United States Olympic Committee (links to national governing bodies of sport) - www.usoc.org

Books


CD’s
Kimbo: Box 477, Long Branch, NJ, 07740
- Motor Skill Activity Fun
- Toddlerific
- All Time Favorite Dances
- Bean Bag Activities and Coordination Skills

Greg and Steve: Available at most teacher supply stores
- We All Live Together
- Fun and Games
- Kids in Motion
- Holidays and Special Times
- Big Fun
- On the Move
- Ready- Set- Move
- Kids in Action

Disney available at most music and discount stores
- More Dancing Tunes
- Mousersize

“Tony Chestnut and Fun Time Action Songs”. The Learning Station 800-789-9990
Available at most teacher supply stores.
“Jim Gill Sings-Do Re Mi” by Jim Gill Music, Inc. www.jigill.com

“Rainbow Planet Jim Valley and Friends” Rainbow Planet 5110 Crowell