

Louisiana School Health Training Cadre

Physical Activity/Physical Education

DESCRIPTION:

We are looking for volunteers to participate as trainers for the Louisiana School Health Training Cadre. As a volunteer trainer, you will work closely with schools and school districts to help them achieve their health and wellness goals. You will have the support of your fellow cadre members and other state school health partners to accomplish your work and aid schools in the best way possible. All trainings, materials, and resources will be provided to you by our school health partners.

The Louisiana School Health Training Cadre will consist of 16 volunteer trainers with expertise in nutrition and physical activity/physical education: 8 nutrition experts and 8 physical activity/physical education experts. You'll have a whole team working with you!

All of your expenses (travel, food, supplies, and substitutes etc.) will be covered by LAHPERD.

IDEAL CANDIDATE

- Experience or comfort with facilitation or leading trainings
- Passionate, resilient, dedicated
- Subject matter expert in physical activity/physical education topics, such as brain breaks, appropriate practices, recess, etc.
- Open minded
- Knowledgeable of the resources and partners in their region
- Skilled in relationship building
- Relatable to administrators, school staff, parents and students
- A flexible schedule (the cost of substitutes will be covered by LAHPERD)

DUTIES AND RESPONSIBILITIES:

2015-2016 School Year

1. Attend a one-day training in December or January where you will brush up on your facilitation skills to prepare for your role as a member of the Louisiana School Health Training Cadre
2. Conduct at least two training and education sessions to school- and/or district-level staff in your region using evidence-based resources and materials provided to you on PA/PE topics that meet the needs of the schools and school districts you serve
3. Provide follow up support and technical assistance to schools and districts who attend your trainings or who reach out to you with questions
4. Promote your training and education sessions within your region
5. Build relationships with regional community partners who share a commitment to school health for the purpose of providing comprehensive resources and support to the schools you serve

6. Maintain a positive working relationship with schools, other health educators and training cadre members, and community based organizations to ensure open communication within the school health community
7. Participate in regular communication with LAHPERD's Program Coordinator and the Department of Health and Hospital's School Health Leader
8. Submit invoices, travel documentation, and training records to the LAHPERD program coordinator in a timely manner