# LAHPERD MODEL SCHOOL APPLICATION FORM

Address		
<u></u>		
City	Zip Code _	
Elementary	Middle School	
	(Please put grade levels in the appropria	ate blank)
Contact Person		
Name: (first)	(last)	
Address: (if different fro	m above)	
City	Zip Cod	de
Phone:	(work)	
	(work) e-mail:	
Principal		
	(last)	
	Fax:	
E-Mail:		
Superintendent/S	upervisor of Schools	
•	(last)	
	(last)	
		Zip Code:
Phone: (work)	Fax:	
E-Mail:		
List the Names of all	<b>Physical Education Teacher</b>	rs in Your Department
	-	
Number of Students Enr	olled in the School:	

Local Newspaper	
Name of Paper:	
Attention to:	
Address:	
City:	_ Zip Code:
Phone:	_ Fax:
School Facebook Page:	
accurate to the extent of my knowledge	entation of evidence provided in this packet is and that of my faculty.
-	•
accurate to the extent of my knowledge	and that of my faculty.
Signature of Contact Person  Signature of Principal	and that of my faculty.  Date
Signature of Contact Person  Signature of Principal  Enclose a check or money order made p	Date  Date  Date  ayable to LAHPERD for \$20.00 and send it in with  ials to: lewilliamson@cox.net

# MODEL SCHOOL PROGRAM RECOGNITION REQUIREMENTS FORM

1 = NOT IN PRACTICE 2 = SOMETIMES IN PRACTICE 3 = OFTEN IN PRACTICE 4 = ALWAYS IN PRACTICE

## TEACHER QUALIFICATIONS SCORE

All who teach physical education have a degree	
in physical education	
All who teach physical education have a current	
state license/certificate to teach physical	
education in the state	
At least one physical education teacher is	
certified in First Aid/CPR	
SCORE (to be completed by Model School's	
Committee)	

### **Possible Documentation:**

 List all physical education teachers, and for each teacher list all degrees that each teacher holds as well as noting state certification status

### TIME ALLOCATION

Elementary students participate in regular,	
structured physical education classes throughout	
the year	
Elementary students attend three class periods	
per week for the entire school year	
Middle school students are required to have	
physical education classes in grades 6-8 and	
participate for a minimum of 225 minutes per	
week or the equivalent for block scheduling	
High school students are required to have	
physical education in grades 9 and 10 and	
participate for a minimum of 225 minutes per	
week or the equivalent for block scheduling, and	
are given the opportunity to elect physical	
education in grades 11 and 12	
The physical education teacher has a daily	
preparation period to provide time for planning,	
communication, record keeping, assessment,	
and cross-curricular planning with teachers of	
other subjects	
Students are not allowed to waive or opt out of	
physical education, nor are they allowed to	
receive credit by alternative means (including	
athletics)	
SCORE (to be completed by Model School's	
Committee)	

#### **Possible Documentation:**

- List of classrooms at all grade levels and a one-week PE schedule for every class of students.
- A document showing that the number of students enrolled in the school corresponds with the number of students enrolled in PE
- 3. A document displaying the requirements for physical education and specifically addressing the issue of substituting other activities for physical education

## PROFESSIONAL DEVELOPMENT/INVOLVEMENT

All physical education teachers are current	
members of LAHPERD	
At least 50% of physical education staff have	
attended LAHPERD convention within the last	
year	
At least 50% of physical education staff have	
participated in at least two (besides LAHPERD	
convention) physical education-related	
professional development activities in the past	
year	
SCORE (to be completed by Model School's	
Committee)	

## **Possible Documentation:**

- List all staff members who have participated in professional development activities in the past 12 months only.
- 2. Indicate the name, date and time of the professional development activity that was attended

## **FACILITIES**

Sufficient indoor and outdoor facilities are	
provided to accommodate the number of class	
sections and students scheduled during each	
class period. In middle and high school, it is	
suggested that schools have the following	
facilities: hard surface outdoor area, gymnasium,	
dirt and turf area, locker rooms, classroom(s),	
storage rooms, teachers' offices, and access to a	
computer lab.	
Physical education is taught in a dedicated	
facility – one that is not shared with other	
activities and free from distractions and people	
passing through	
Indoor and outdoor facilities are free of hazards	
so that students can participate safely in physical	
education	
Drinking fountains are readily accessible for	
rehydration during and after physical education	
Office space is provided for the physical	
education teacher so that students may have	
convenient access to their teacher	
SCORE (to be completed by Model School's	
Committee)	

## **Possible Documentation:**

- Describe the physical education teaching facilities (indoor and outdoor)
- Describe provisions to continue learning activities during inclement weather or sharing of facilities

# **EQUIPMENT**

Adequate funds for the purchase and	
maintenance of supplies and equipment are	
provided on a yearly basis	
The budget for the purchase of supplies and	
equipment is developed jointly by the physical	

## **Possible Documentation:**

Describe how the equipment inventory is adequate to teach the curriculum and how it successfully provides for maximum participation

education teachers and the school	
administrators	
Ample equipment and supplies are provided so	
that all students are able to maximize time-on-	
task and have all the practice necessary for	
becoming competent with skills	
All equipment is maintained in good repair, and	
the annual budget provides for the repair and	
maintenance of all equipment used in the	
physical education program	
SCORE (to be completed by Model School's	
Committee)	

## **CLASS SIZE**

Class size is consistent with those of other	
subject areas and is flexible enough to provide	
for differences in interest, levels of maturity,	
size, abilities and needs	
Physical education classes meet the ideal	
teacher to student ratio, which is 1:25 for	
elementary schools and 1:30 for middle and high	
schools	
SCORE (to be completed by Model School's	
Committee)	

## **Possible Documentation:**

Provide a description of the number of students assigned to each teacher for each class

# **CURRICULUM**

A written curriculum based on current State and	
National Standards for Physical Education and	
state standards that is comprehensive, inclusive,	
progressive, and sequential is designed to guide	
appropriate physical education at all grade levels	
All physical education teachers develop and use	
yearly, unit and daily lesson plans	
Grade level content standards are challenging,	
demonstrable, and relevant to learning essential	
concepts	
The curriculum provides opportunities for	
students to recognize the benefits of regular	
physical activity	
The curriculum allows students to integrate	
knowledge of kinesthetic experiences with	
concepts taught in the areas of health education,	
language arts, math, social sciences, science,	
technology education and vocational education	
Respect for diversity is taught and practiced	

## **Possible Documentation:**

- Briefly describe the elements of the physical education curriculum, including a description, rationale, and objectives for student learning
- 2. Provide a photocopy of a onepage yearly block plan
- 3. Provide a sample of a daily lesson plan

Lesson planning includes adequate time and	
opportunity for every student to have enough	
trials and adequate practice time to learn skills	
Physical education teachers provide a variety of	
age-appropriate activities that include but are	
not limited to health-related fitness; individual,	
dual, and group games and sports; rhythms and	
dance; and gymnastics	
Physical education teachers use at least one	
technology-based instructional strategy (e.g.,	
computerized fitness testing, pedometers, heart	
rate monitors, videotaping student performance,	
internet)	
SCORE (to be completed by Model School's	
Committee)	

## **ASSESSMENT**

# **Possible Documentation:**

- Describe each teacher's
   assessment plan to evaluate
   student learning or skill
   improvement
- 2. Provide a few samples of assessment options used by teachers

# **STUDENTS WITH DISABILITIES**

Physical education teachers utilize	
instructional practices that enable individuals	
with disabilities to practice movement	
skills/forms in meaningful ways	
SCORE (to be completed by Model School's	
Committee)	

## **Possible Documentation:**

Describe how each teacher plans and provides for students with disabilities

### PARENT COMMUNICATION

Parents receive written progress reports at	
least once a quarter and at least on other form	
of communication (year plan, newsletter,	
website)	
SCORE (to be completed by Model School's	
Committee)	

### **Possible Documentation:**

Provide samples of communication documents between physical education staff and parents

## STUDENT HEALTH AND SAFETY

Physical education teachers are provided at	
the beginning of the school year with	
information about students' health conditions	
relevant to physical education/activity	
There is a district/school/department written	
emergency plan for responding to and	
documenting injuries and other health-related	
incidents in physical education	
There is a process for monitoring and	
maintaining hazard-free facilities and reporting	
and repairing hazardous situations	
SCORE (to be completed by Model School's	
Committee)	

### **Possible Documentation:**

Describe how physical education teachers are formally appraised of students' health/physical limitations that affect participation in physical education

# PROGRAM IMPROVEMENT/EVALUATION

Physical education teachers solicit and act on	
student and parent feedback about the	
physical education program	
There is regular periodic performance	
evaluation of teachers by the appropriate	
administrator to include planning, instructional	
practices, and use of assessment	
There is regular periodic evaluation by	
administrators of curriculum, facilities and	
equipment	
Physical education teachers reflect on teaching	
practices and combine self- evaluation with	
peer feedback to improve instruction	
SCORE (to be completed by Model School's	_
Committee)	

### **Possible Documentation:**

- 1. Provide a schedule of evaluation and a summary of the most recent evaluation
- 2. Describe how the feedback from the evaluation was received and used by individual teachers
- 3. Provide a copy of the evaluation instrument used